



## Walking in the Spirit: Longsuffering, Faith, Self-Control

### I. Longsuffering

**Trench (Syn.) and Abbott-Smith (Lex.) state that *hupomone* expresses patience with regard to adverse things, *makrothumia* patience with regard to antagonistic persons. It must be observed, however that in Heb. 6:15 the verb *makrothumeo* is used of Abraham's patience under the pressure of trying circumstances. *Makrothumia* and *hupomone* are often found together. (Vine's)**



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### I. Longsuffering

**“...is that quality of self-restraint in the face of provocation which does not hastily retaliate or promptly punish – it is the opposite of anger, and is associated with mercy; Patience is the quality that does not surrender to circumstances or succumb under trial – it is the opposite of despondency and is associated with hope.”** Notes on Thessalonians, by Hogg and Vine



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- I. Longsuffering: lit. “long-tempered”; to bear long
  - Eph. 4:1-3 – Is required to “walk worthy” of our calling
  - II Tim. 3:10 – Can be observed in the behavior of others
  - II Tim. 4:2 – Needed when correcting others
  - Col. 3:12-14 – We must be “clothed” with it = It must be manifested in our behavior



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- II. Faith(fulness): The outward manifestation of the characteristics of inward faith. It is never positively used of one who is not a believing person; Never positively used after the book of Acts of one who is not a faithful Christian. Ex. Titus 1:6; 2:10
- I Tim. 4:12 – Faith is shown in trustworthiness and conviction of spirit, embodying the example of a servant of God



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III. Self-Control: The inward strength of will and mind that seeks to restrain the desires of the flesh and to bear the fruit of the Spirit

- Matt. 23:25, II Tim. 3:3 – Character of those without is condemned
- Acts 24:25 – Key link between righteousness and judgment
- I Cor. 9:24-27 – Required to compete properly
- II Pet. 1:3-10 – Required to be fruitful



***“Against such there is no law.”***

- 1. God’s law (and sometimes even man’s) condemns the works of the flesh. These do not produce praiseworthy conduct, nor is that conduct conducive to a civilized society.**
- 2. God’s law (and almost always even man’s) never condemns the fruitful works borne of the righteous.**



*“Against such there is no law.”*

Love

Goodness

Joy

Faith(fulness)

Peace

Gentleness-

Longsuffering

(Meekness)

Kindness

Self-Control

**Being led by, living in, and walking in “the Spirit” requires consistent growth by bearing fruit. The fruit we bear must show not only our commitment to God, but also to each other.**