

The Benefits of Prayer

- God has made the way available for us to speak to Him: Heb. 10:19-21, I Pet. 5:7
- Only the prayers of the righteous “availeth much”: James 5:16-18

The Benefits of Prayer

- There can be physical benefits: **Jas. 5:16-18,**
Acts 12
 - We can pray for physical blessings
- The are emotional and mental benefits: **Phil.**
4:6-7, 13
- The are spiritual benefits: **I John 1:9**
- **I Pet. 3:12** – The Lord always listens to His people